

HONG KONG TENPIN BOWLING CONGRESS LTD.

Room 2004, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, H.K. Tel: (852) 2891 9786 Fax: (852) 2575 2145 web-site: www.hktbc.org.hk e-mail: hktbc@netvigator.com

Member of World Bowling

Member of the Sports Federation & Olympic Committee of Hong Kong, China

Code of Conduct for Coaches and Instructors

Coaches serve a number of important roles such as teacher, role model, mentor, guardian and trainer. Good coaches provide athletes with positive experiences in sports participation and help nurture sportsmanship. Instructors are important in teaching the basic of the sport and to guide the bowlers in their basic technical game which might lead to body contact. Hong Kong Tenpin Bowling Congress (HKTBC) follows Policy and Guidelines on Prevention of Sexual Harassment (Appendix I) issued by Sports Federation and Olympic Committee of Hong Kong, China (SF&OC). HKTBC has zero tolerance to sexual harassment and follows SF&OC's mechanism for handling sexual harassment complaints. In order to ensure the quality, ethic and credibility of coaches and instructors, HKTBC has formulated a Code of Conduct for them to follow:

- 1. Obtain and become familiar with SF&OC's policy on sexual harassment. Be aware and conscious of engaging in potential sexual-harassment behaviors or incidents. Avoid unnecessary body contact with your athletes that might be interpreted as harassment. Ask athletes beforehand for permission if body contact is required for coaching.
- 2. Avoid any form of harassment towards your athletes. This includes harassment on sex, race and disability. Examine your behaviors, gestures, and comments. Ask yourself, 'Could I unknowingly be encouraging sexual interplay by the way I interact or communicate?'
- 3. If you know someone who is being harassed, give him or her your support and take immediate action to stop it. Encourage the victim to report to HKTBC.
- 4. Treat each athlete as an individual and help him/her to reach full potential. Let athletes know the benefit of sport and encourage them to participate in sport throughout their lives.
- 5. Provide a safe environment. Check that equipment and facilities are safe.
- 6. Promote fair play and show respect for other teams. Accept both the guidelines and the spirit of the rules that define and govern his/her sport.
- 7. Keep up with the latest coaching techniques and seek continual improvement.
- 8. Ensure training and competitions are suitable for the age and fitness level of the athletes.
- 9. Do not over train athletes. Maintain athletes' interest and promote their enthusiasm towards sports.
- 10. Always lead by example and must not use foul language.
- 11. Ensure that your athletes do not use foul language as well.







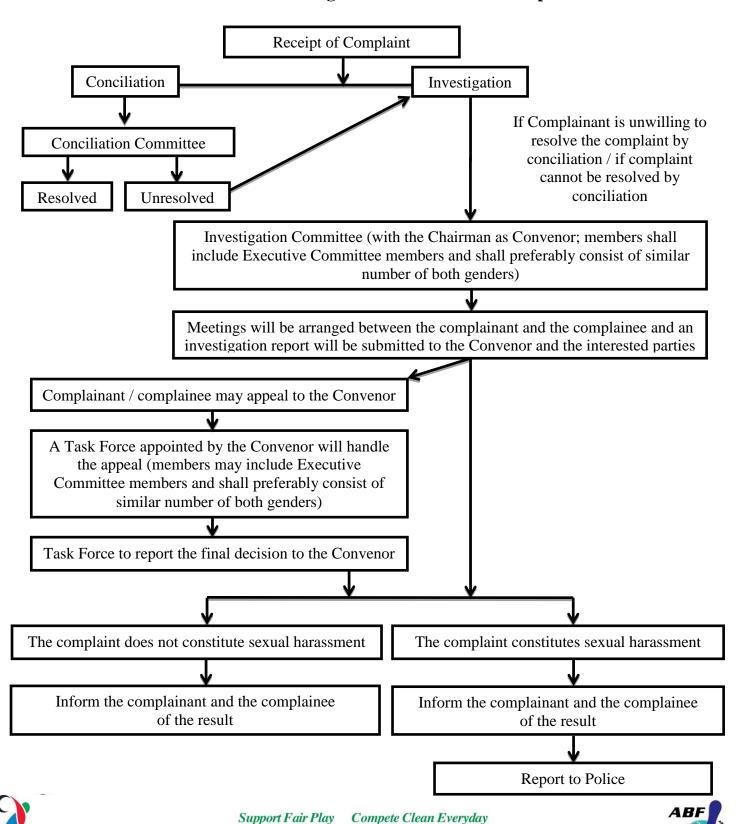
HONG KONG TENPIN BOWLING CONGRESS LTD.

Room 2004, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, H.K. Tel: (852) 2891 9786 Fax: (852) 2575 2145 web-site: www.hktbc.org.hk e-mail: hktbc@netvigator.com

Member of World Bowling

Member of the Sports Federation & Olympic Committee of Hong Kong, China

Hong Kong Tenpin Bowling Congress Flowchart on Handling Sexual Harassment Complaints



齊來支持公平競賽

香港保齡球總會

運動零禁藥人人愛

香港銅鑼灣掃桿埔大球場徑1號奧運大樓2004室